

FOUNDATION FORUM

THE NEWSLETTER OF THE NORTHUMBERLAND HILLS HOSPITAL FOUNDATION



NORTHUMBERLAND HILLS
HOSPITAL
FOUNDATION

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NORTHUMBERLAND HILLS HOSPITAL FOUNDATION

2011-2012

Board of Directors:

- Ann Logan (Chair)
- Bill Copland (Vice-Chair)
- John Metson (Treasurer)
- Rhonda Cunningham (Secretary)
- Jan Boycott (Past-Chair)
- Scott Fraser
- Richard Irvine
- Rick Gadd
- Sandy Ward
- Kaye Jackson
- Robert Biron
- David Cromlish
- Nancy Kennedy
- Louise Stevenson
- Kathryan O'Malley Hamilton
- Sandra MacCoubrey
- Stephen Bale

DOROTHY'S WAY

Dorothy Sommerville's name is synonymous with palliative care service in Northumberland County. She initially volunteered her time in support of Hospice Northumberland* as a client care volunteer. She would visit and spend time in the home of palliative care patients and their families. When the Northumberland Hills Hospital opened its doors in 2003, Dorothy expanded her volunteer efforts to include serving as a volunteer for the hospital's new program. "She worked tirelessly for the benefit of both the patient and their families, yet she never wanted any recognition for what she did", says Shelley Morland, Volunteer Coordinator with Hospice.



Dorothy Sommerville

In May 2010, Dorothy was diagnosed with pancreatic cancer. Ironically, it was within the hospital's Palliative Care Unit that Dorothy spent her final days. "She was exactly where she wanted to be," noted her son Dave Sommerville. "Mom wouldn't have wanted it any other way. She knew and loved the nurses there and this was where she was comfortable."

It was during Dorothy's days as a patient in the Palliative Care Unit that she began to ponder the idea of having a walkway constructed within the garden area. The walkway would allow patients the opportunity to explore the entire garden area safely on a flat surface. She mentioned the idea to her children and hospital representatives and support for the idea blossomed. When Dorothy passed away on October 5, 2010 memorial donations in her name were earmarked in support of a new walkway to be named Dorothy's Way. This walkway was installed in September and the response from patients and their families has been a solid "thumbs up."

"Mom would love this," says her son Dave, "it looks great!"

A fountain feature to be installed in the spring is the final component of this project of love – completed in memory of a woman who devoted so much of her time and compassion to helping others.

*now known as Community Care Northumberland Hospice

DOROTHY'S WAY, CON'TD

“Similar to her business life, Dorothy ran a tight ship with her Palliative volunteers. She was my right hand for keeping the Palliative Care Unit shipshape. Dorothy’s standards were set high and she expected everyone to meet them. It was an honour and a privilege to care for Dorothy allowing her to reap the kindness she had so often bestowed on others.”

*Debbie Taylor, RN
Team Leader, Palliative
Care Unit*



Main portion of “Dorothy’s Way”

NHH FOUNDATION LAUNCHES BUSINESS PARTNERS PROGRAM

Modeled after the success of the *Caring for Generations Society*, the NHH Foundation is pleased to announce a new program created exclusively for the Northumberland business community. The **Business Partners Program (BPP)** will unite community-minded business leaders who recognize the value of excellent health care services close to home for their customers and employees. Funds raised through **BPP** will purchase essential medical equipment for Northumberland Hills Hospital.

Membership is open to any business that makes a cumulative annual gift of \$1,000 or greater.

Membership has its privileges

Special recognition and benefits are available to **BPP** members including:

- Company logo on the Foundation’s website with a link back to the business members website
- Permission to advertise support of the hospital using the **BPP** logo on company website, print advertising, and Yellow Pages advertising.
- Exclusive decals and/or magnets for display at place of business and/or service vehicles
- Once annually, businesses will be recognized along with other **BPP** members in a full page ad in the newspaper
- Recognition in the Foundation’s newsletter
- Inclusion on the hospital’s donor wall at the corresponding level
- An invitation to attend to an annual business breakfast, luncheon or reception.

Strong corporate collaboration is vital to the mission of a community hospital in helping our efforts to provide a broad range of high quality hospital services to all who need us in the surrounding areas.

To learn more about our **Business Partners Program** please contact John Russell at 905-372-6811 ext. 3065 or jrussell@nhh.ca

GRATEFUL FOR HER CARE — BREAST CANCER SURVIVOR TO BREAST CANCER THRIVER

Mary Coleman has been a CAA Travel Agent for 31 years and she loves making peoples vacation dreams come true. She has had many of her own journeys throughout her life. Mary has spent time in far off places such as China, Russia and the French Polynesia to name a few.

One journey she didn't plan to take was her battle with breast cancer.

The summer of 2006 changed Mary Coleman's life as she knew it. After her doctor advised her she should go for a routine mammogram, she made her appointment at the Clay & Elaine Elliott Women's Health Centre here at Northumberland Hills Hospital.

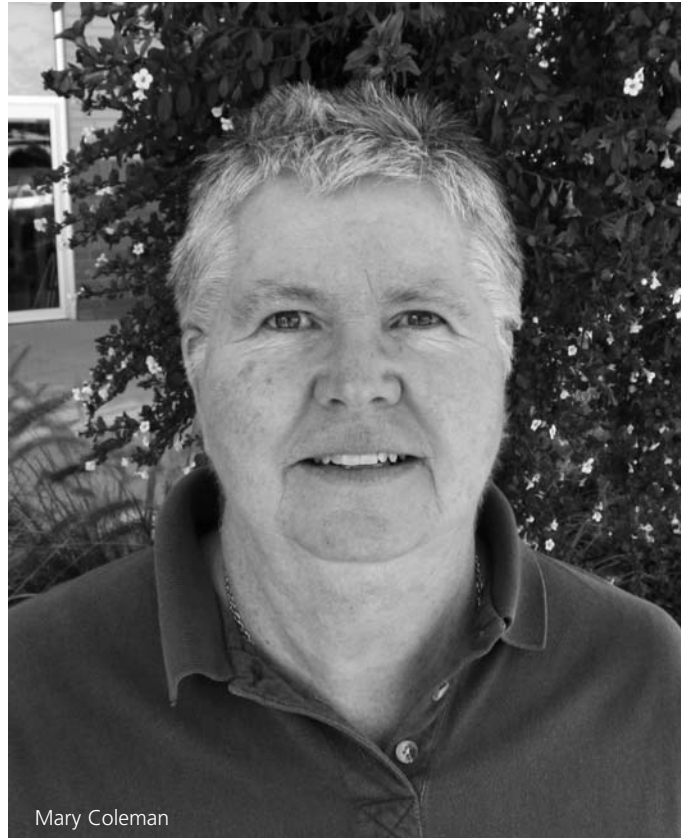
"The nurses in the Women's Health Centre were very kind and explained everything to me", Mary said. "They all made me feel very comfortable throughout my appointments".

Mary received a call shortly afterwards from her doctor saying that he had the results from her mammogram and that more testing would be required.

After having a biopsy, it was confirmed. Mary had breast cancer.

She came to Northumberland Hills Hospital for day surgery in July, and returned in August for additional surgery. "Each time I was in the hospital I was treated with gentle care and compassion," Mary adds.

This summer, Mary celebrated five years cancer free, and she can attest that there is life after breast cancer. In 2007, at the age of 51, Mary became an athlete! She became a member of the Survivor Thrivers Dragon Boat Team. Through this she has made great friends who were all in the "same boat"... they are all breast cancer survivors, and together they have paddled their way to gold



Mary Coleman

on more occasions than one.

Mary also enjoys spending time on the golf course as well as walking her four legged friend, Aussie. She is also a member of the Hatrix Chicks, a Red Hat group of fun ladies.

Mary is grateful for the care she received at Northumberland Hills Hospital. "It's a great hospital, close to home. Keep up the good work."

What Our Patients Are Saying...

June 5, 2011

I was in your Emergency twice last year. On both occasions I received kind and gentle service. Thank you. On the second occasion, I received some advice and a prescription that has helped me long-term. I appreciate the service your Emergency Department provides for the community.

*Thank you,
Helen Mason*

STAFF TEAM CHANGES AT THE FOUNDATION



Adrienne Barrie

We are pleased to announce that Adrienne Barrie has joined the staff team at the Foundation. Adrienne will replace John Russell in the role of Development Coordinator with direct responsibility for the annual events portfolio. This includes the gala, golf tournaments, Northumberland's Biggest Coffee Morning, the Youth Cares Committee, NHH Staff Campaign and all third-party initiatives. Welcome Adrienne!



John Russell

John Russell, a member of the staff team since 2003, moves into a newly created position as Personal Gifts Officer with direct responsibility for creating, leading and directing a program to secure personal and legacy gifts. Congratulations John!

The Northumberland Hills Hospital Foundation is pleased to announce that Stephen Bale and Kathryan O'Malley Hamilton have joined the volunteer Board of Directors.



Stephen Bale

Stephen is a litigation lawyer currently practicing in Cobourg. Before moving to Northumberland, he worked in Toronto for ten years after passing the bar in 1980. Stephen has considerable experience as a volunteer having served on the Board of Directors of Habitat for Humanity Northumberland and the Roseneath Agricultural Society to name just a few. Stephen resides in Roseneath with his wife Joan and is the father of two young adult children.



Kathryan O'Malley Hamilton

Kathy is a teacher, originally from Trenton, who graduated from York University while teaching school in Scarborough. Kathy's career spanned 33 years teaching primarily English, math, physical and health education. She spent weekends and holidays during much of that time at Grand Bend, and returned to settle in Colborne over 9 years ago with her husband, John, and daughter, Shannon. Kathy is a serious hockey fan – as a parent, facilitator, minor hockey executive and convenor but always, always as a fan! Kathy loves baseball too, and was an original Blue Jays season ticket holder for over 30 years!

Doctors COME TOGETHER Raffle

Supporting the
11th Annual Northumberland Hills Hospital
Foundation Gala
Proceeds support the acquisition of essential
medical equipment for the Surgical Services Area
of the hospital.

Tickets on Sale Now!

\$100 each or 3 for \$250

Only 500 tickets available to be sold

First Prize: Cunard Dream Cruise to England and the Best of London OR \$10,000 Travel Voucher*



Experience a classic timeless Transatlantic crossing on the awe inspiring Queen Mary 2, featuring the unrivalled elegance of Cunard's legendary "White Star Service". While on-board take in a live performance of Shakespeare, reward yourself at the Canyon Ranch Spa, or take a chance with lady luck in the Casino.

On your eighth day transfer to London for a four night stay in a 5-star hotel. Enjoy a private 'London Beatles Walk', visit a pub or two, or watch the changing of the guards at Buckingham Palace. Your package includes return flight to Toronto OR you can select an entirely different vacation package or destination of your choice.



Second Prize: 4-Night Escape to Las Vegas for Two OR \$2,000 Travel Voucher *



Escape to Las Vegas for a four night stay at the AAA Five Diamond Award winning Bellagio Hotel. Fly directly from Toronto in the morning to Las Vegas. Check into your King deluxe guest room and then explore all of the exciting sights and sounds that make up this truly unique destination. Your package also includes tickets to the *Cirque du Soleil's LOVE*, a musical tribute to the Beatles OR you can select an entirely different vacation package or destination of your choice.



Third Prize: 64 GB Apple iPad2 — \$1,000 Value**

Still the hottest electronic device on the market. This 64 GB iPad2, includes Wi-Fi + 3G and a Bell Micro SIM card. You can page through websites, write emails, flick through photos, or watch a movie with just the touch of a finger.

Thank you to the following Doctors who supported the raffle

Dr. Jay Amin	Dr. Mark Azzopardi	Dr. Kathy Barnard-Thompson	Dr. Michael Barrie
Dr. Haig Basmajian	Dr. Michael Bayer	Dr. Michael Biggar	Dr. David Broderick
Dr. Vincent Cheung	Dr. Allison Collins	Dr. William Cross	Dr. Rina Daskalopoulos
Dr. Mark Essak	Dr. Kirk Haunts	Dr. Paul Hazell	Dr. Carson Kwok
Dr. Frank Marrocco	Dr. James Nearing	Dr. Erin Pepper	Dr. Alexandra Ruszkowski
Dr. Andrew Stratford	Dr. Philip Stratford	Dr. Matthew Vaughan	

Order Form (Please print)

Name: _____

Address: _____

Town: _____ Postal Code: _____

Phone: _____ E-mail: _____

Cash/Cheque Please charge my credit card Visa M/C

1 Ticket for \$100 3 Tickets for \$250 Other \$ _____

Credit Card # _____ Expiry _____ Signature _____

Draw to be held at the 11th Annual NHH Gala, "Come Together" on Saturday, November 12th, 2011

Completed forms can be returned for raffle tickets at the Northumberland Hills Hospital Foundation, The Avid Reader (Cobourg), Expedia Cruiseshipcentres (Cobourg), The Beauty Clinic (Cobourg) or Holton Flowers (Port Hope).

Completed forms can also be faxed to the Foundation Office at 905-373-6936 (fax) and your tickets will be delivered to you.

Raffle tickets can also be purchased securely on-line at www.nhhgala.ca

For more information contact the Foundation at 905-372-6811 ext 3065

*Winner will receive a travel voucher to design the trip to their specifications (First Prize: \$10,000 maximum value/ Second Prize: \$2,000 maximum value)

**No exchanges or prize substitutions

Good News Good News



Excellent Health Care is Always in Fashion

Warkworth business owner, and regional fashionista, Karen Williams hosted the **Excellent Health Care is Always in Fashion** event at her beautiful up-market store, **LUX Boutique** on Tuesday, September 20th, 2011. This distinctively stylish event was in support of the Northumberland Hills Hospital Foundation where 20 percent of the evening's fashion sales were donated to the Foundation. The ladies came and shopped til' they dropped! The event raised \$899.60 for the Foundation. Thank you Karen for the energy you brought to this successful event. Featured in the photo is Nancy Kennedy (*left*), NHH Foundation Board member and Karen Williams, Owner of LUX Boutique.

Kawartha Credit Union Cares

Kawartha Credit Union manager Dana Farrell (*centre*) visited NHH to see first-hand the vital signs monitor purchased with the \$3,500 donation Kawartha recently made to the hospital. Joining Dana are NHH staff members Kathleen McDonald, Ward Clerk (*left*) and Lorelei Kenny, RN.



Good News Good News

THE NORTHUMBERLAND HILLS HOSPITAL FOUNDATION'S GOOD NEWS PAGES

Good News Good News



Port Hope Legion Supports Northumberland's Biggest Coffee Morning

For the 3rd consecutive year, Port Hope Branch #30 has made a donation in support of Northumberland's Biggest Coffee Morning. Legion executive (from left) Karen O'Hara - Treasurer, Jack Whalen - President, Lynn Falconer - 2nd Vice-President, and Al Wilson - 1st Vice-President present a donation of \$1000 to NHH Foundation Board Chair Ann Logan (centre). The 2011 Coffee Morning raised in excess of \$43,000.



Members of the Mullins and Mansey families

4th Annual Chris Mansey Memorial Golf Tournament

An outstanding \$17,500 was raised during the 4th Annual Chris Mansey Memorial Golf Tournament held in August at Ashbrook Golf Course. This total includes \$10,000 that was raised from the sale of raffle tickets for two WestJet airline tickets to anywhere in the world WestJet flies. Arranged through Mack Cyrzan of WestJet (brother-in-law of the late Chris Mansey) the lucky winner of this year's grand prize was Sue LaRose of Colborne. Congratulations Sue and a huge "thank-you" to everyone involved, especially Ryan Mullins, for making this tournament so successful.



Sue LaRose (left) accepts the grand prize from Lorraine Mansey



s Good News Good News

Quote of the Month

"How wonderful it is that nobody need wait a single moment before starting to improve the world."

- Anne Frank (1929-1945)



DR. BILL CROSS TO CHAIR LIGHT UP A LIFE CAMPAIGN

We are pleased to announce that Dr. Bill Cross has agreed to chair the 2011 Light up a Life campaign. This year's campaign will kick-off on November 9th with a goal of raising \$120,000 to purchase new medical scopes for the Surgical Services program at NHH. Please watch your mailbox for your opportunity to support this important annual appeal. To learn more about this year's campaign, please contact Adrienne Barrie at 905.372.6811. ext. 3068.

Mailing Address:

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Rhonda Cunningham, Executive Director

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Email: rcunningham@nhh.ca

Web Site: www.nhh.ca

PRIVACY STATEMENT

The Northumberland Hills Hospital Foundation respects your privacy. We protect your personal information and adhere to all legislative requirements with respect to protecting privacy. We do not rent, sell, or trade our mailing list. The information you provide will be used to keep you informed and up-to-date on the activities of the Northumberland Hills Hospital Foundation—including programs, services, special events, funding needs, and opportunities to volunteer or to give—through periodic contacts.

If at any time you wish to be removed from any of these contacts simply contact us by phone at (905) 377-7767 or via e-mail at rcunningham@nhh.ca and we will be pleased to accommodate your request.