



Members of Surgical Services Team

BETTER CARE FOR OUR COMMUNITY.

NHH FOUNDATION NEWSLETTER

JULY 2024



**NORTHUMBERLAND HILLS
HOSPITAL FOUNDATION**

Better Care for Our Community

PROUDLY
SUPPORTING



NHH

Northumberland
Hills Hospital

JOY RANDALL'S LEGACY LIVES ON

Whether during her early years working at Cobourg General Hospital in the 60s, her 35 years as a missionary and nurse in Taiwan, or during her retirement years where she spent her time visiting people in long-term care or hospital through St. Andrew's pastoral care committee, Joy Randall lived a life in service of helping others.

"She was always ready to help in any way she could," recalled her brother John Randall and sister-in-law Marlene Randall.

Joy passed in July 2020 in her 78th year.

But her devotion to caring for others continues to inspire her loved ones and those she served across the world until today.

In honour of Joy, a \$5,000 donation to the Northumberland Hills Hospital Foundation is helping to purchase a portable ultrasound unit for the Maternal Child Care program.

In March, John and Marlene said the director of nursing at Changhua Christian Hospital reached out to share that the hospital was donating \$5,000 to the family in recognition of Joy's service in Taiwan.

"After considerable thought, we felt that Northumberland Hills Hospital was the right place, as Joy had helped many people during her career (and) NHH is here for the people."

Joy was destined to lead a life in service of others. After finishing high school, she went to college in Belleville to study nursing, recalled her family.

In 1965, Joy graduated and went to work at the then Cobourg General Hospital. She continued working at the hospital into 1966.



Joy Randall receiving the Woman of Faith Lifetime Achievement Award

By 1968, an opportunity arose for Joy to enroll in a midwifery course through the University of Alberta. Later that same year, Joy would start down the path of her 35-year missionary/nurse work in Taiwan, by spending two years learning Taiwanese.

"Her dedication to her work as a missionary was a job that she thrived in," shared her family.

Joy went on to serve as director of nursing at the hospital until 2004.

In her retirement years, Joy returned home to Canada.

During her retirement years, Joy was described as a vital presence in her home congregation at St. Andrew's where she served in numerous roles, including as chairperson for the pastoral care committee.

"She spent many hours of her daily life visiting people at home, in long-term (care) homes and the hospital."

Those who knew Joy say her service was born out of a desire to connect with people.

On behalf of the Hospital, we thank the Randall family for believing in our mission.

WILF & IMMY'S STORY

The following story was shared by Wilf Loewrigkeit. With his permission, we are sharing it with you:

Some 10 years ago we relocated to Northumberland County.

We were attracted to Cobourg by the beaches, boardwalk, marina etc. Little did we know that our new community offered another 'pearl.'

Our first visit to NHH was an eye opener for us. We were pleasantly surprised being treated as people rather than a number. Once we had settled into the community, we felt it would be appropriate to show our appreciation and decided to support the NHH Foundation and signed up for the monthly giving program, followed by other donation opportunities.

With advancing age, we have had our share of (non-emergency) hospital visits. I always tried helping people and had the opportunity in Trent Lakes serving as a long-term Volunteer Fire Fighter and OPP community policing volunteer. So, it was natural that I decided to join the NHH Auxiliary and as of late 2023, I am helping out in Day Surgery.

On May 15, my spouse Immy (Ilse) was in medical distress and a professional and calm paramedic team

brought her to NHH's ER.

The entire ER team worked for hours and we really appreciated Dr. Chen clearly and confidently sharing the diagnosis and referral. Soon afterward Dr. Stratford attended and urged immediate surgery.

As it was late into the evening, we were quite unprepared for this plan. Dr Stratford and the on-call surgery team completed complicated procedures by 10 pm that night.

Post-surgery, the caring night nurse, Marissa, helped in rapid recovery. The dedicated and timely action of all NHH teams prevented certain and serious health complications and assured rapid recovery for Immy.

We cannot be grateful enough to NHH and the people and will be happy to continue to provide support at the NHH wherever we can. As a community, we are most fortunate to have NHH.



Immy & Wilf Loewrigkeit

Magnetic Resonance Imaging (MRI Scanner)



It's been over a year since we publicly launched the **Exceptional Community, Exceptional Care** Campaign - with a goal of

raising \$25 million, the largest fundraising campaign in Northumberland County's history. During the campaign launch, we made a commitment to keep working until we met our goal, and we will continue to uphold this promise to you - our community.

NHH has been developing plans for their next big purchase. A new MRI will soon replace NHH's existing equipment installed in 2007.

"It's important we select the right equipment, with the right functionality for our patient population, at

the best value," says Ken Graham, Manager of Diagnostic Imaging. "We are working with subject matter experts in our field and local hospitals to gain critical feedback about the latest technology and equipment that's available. There are many moving parts to this process, but we are excited at the prospect of a new state-of-the-art MRI and most importantly, the positive impact it will have on our patients."

This is but one exciting project made possible with your donations. In addition, NHH is simultaneously planning for the construction of a 4th Operating Suite, renovations to the Medical Device Reprocessing Department, renovations to the Pharmacy, and a new CT Scanner - all priorities of the campaign. **Your Gifts Power Possibilities.**

ItsTimeNorthumberland.ca



LAURA MCCrackEN EBBRELL CARRIES ON GORDON FAMILY LEGACY OF GIVING BACK

For decades, Laura McCracken Ebbrell has volunteered her time in service of Northumberland Hills Hospital.

Along the way, she has touched the lives of countless individuals and helped shape what health care close to home looks and feels like.

Whether you have visited the hospital for a mammogram and were frightened or were coming to see a friend in palliative care, Laura may have been the one who greeted you at the hospital doors and guided you. Or maybe she was the one who delivered flowers to your family in the hospital.

It may be your worst day, but Laura will greet you with compassion – because she too has needed the hospital to care for her family: A mother, father, husband, and son.

She is also a driving force behind fundraisers for medical equipment, such as the annual gala.

Laura has dedicated 35 years to the NHH Auxiliary. She has served the NHH Foundation for 12 years. Earlier in life, she also served on the fundraising committee to build NHH and through additional auxiliary, hospital board and health-related roles at regional and provincial levels.

“The inspiration came originally from my mother – (she) was a great role model,” said Laura of the late Marilyn “Ruth” Gordon.

“In 1968, when I was just a kid ... my grandmother died of cancer fairly young in Montreal.”

Ruth was an only child.



Laura McCracken Ebbrell

“My mother was teaching full-time and would go on the weekends to help and visit.”

When grandma died, mom was so grateful for the care received that she wanted to show her appreciation in a tangible way.

She thought of her community hospital, which was Cobourg District General Hospital at the time, recalled Laura.

Ruth would go on to serve in various volunteer roles spanning decades, including 40-plus years with the auxiliary.

“She continued to volunteer long even after she had a stroke. And we volunteered together on the front desk at the new hospital from (at least) 2003 to 2008.”

Ruth died in October 2020, but she set the bar high, and for Laura this was a natural path to follow.

“I hope I am setting the same kind of example for my sons,” added Laura.

Laura said she is proud to carry on her mother's legacy and passion for bettering her community and local health care.

Laura's story continues on next page ➔

Currently, Laura continues to serve through the auxiliary and weekly shifts at the front/inquiry desk, where volunteers greet patients/visitors, guide them, answer questions, help with parking, and more.

"We're able to greet them warmly, direct or take them where they're going, whether to the chemo clinic, to women's health, or surgical suites, and I think it eases people's minds – they just feel a little better about coming through those front doors."

From president to chairing the 100th-anniversary committee and more, Laura has also held other auxiliary roles over the years.

In her volunteer work through the foundation, Laura helps propel the hospital forward by aiding in fundraising efforts for medical equipment, ensuring quality care can be delivered close to home.

Currently, she serves as chair of signature and third-party events, which means helping to bring to life popular fundraisers like Wine and Ale in the Park, as just one example.

"It's a privilege and honour to be able to do this. I wish more people realized the intrinsic values, (and) the rewards there are for doing this kind of volunteer work. We receive more than we give."

This is another reason why Laura continues to give back. But she also understands the significance of the care provided at NHH – the warmheartedness of the hospital family – having experienced it up close.

This includes the care for her mother over two lengthier stays – once for a broken hip and the second preceding her final 18 months at the Golden Plough Lodge.

After losing her mother in 2020, Laura lost her father in 2021, as he passed at NHH.

Her first husband of 27 years, Brian McCracken, passed away in May 2008 at NHH after a

courageous battle with cancer at age 53. Before his diagnosis, Brian had fundraised with the Lions to outfit the hospital cancer centre, recalled Laura.

"Then, shortly after we opened the (new) hospital, he was diagnosed with cancer, and he died in 2008 ..."

Brian had his diagnosis at the hospital, his first surgery, chemotherapy, and spent the last 10 weeks of his life in palliative care at NHH. Laura remembered thinking she knew how everything operated then.

"But that was life-changing, to watch that journey, to see the kindness, empathy and diligent work (of staff). I got to see all aspects of the hospital, from admitting, to diagnostic imaging, to cancer care, to surgery, to palliative care, to support services – I got to see all that up-close."

The day Brian died, their son, then only 18 years old, was having trouble with his lungs – he had a spontaneous pneumothorax (a collapsed lung.)

"This is a Saturday morning (when) his father dies, and the surgeon comes to the door and has to take him to the surgical suites to have that fixed on that day. It was an eery experience, and he had to stay in hospital for several days and got out just in time for the funeral."

Laura recalled incredible kindness and care for both Brian and her son.

"I know how people feel coming through the front doors."

As a volunteer, Laura said she always felt "a hospital family" culture at NHH – but then you see it from the perspective of a patient: "It inspired me to keep doing this because I know how important it is."

"Lots and lots of people do way more, but (this is) what I can do – it is what I could do," said a humble Laura. "And I'm so glad that I've done it and I'm going to continue to volunteer at the hospital for as long as I can."

**NORTHUMBERLAND HILLS HOSPITAL FOUNDATION
FINANCIAL REPORT - APRIL 1, 2023 - MARCH 31, 2024
SUMMARY STATEMENT OF FINANCIAL POSTION**

Assets

Cash and receivables	\$ 88,187
Investments	21,004,385
	<u>\$ 21,092,572</u>

Liabilities and Net Assets**Liabilities**

Accounts payable and accrued liabilities	\$ 54,845
Deferred revenue	16,000
Accounts payable NHH capital commitments	249,742
	<u>\$ 320,587</u>

Net Assets

Restricted	13,900,042
Internally Restricted	1,937,154
Unrestricted	4,934,789
	<u>20,771,985</u>
	<u>\$ 21,092,572</u>

SUMMARY STATEMENT OF REVENUES AND EXPENSES

Revenue

Caring for Generations Society/Business Partners Program	\$ 144,834
Special events	757,269
Endowment donations/bequests	2,334,597
In memoriam donations/commemorative giving	91,262
Exceptional Community, Exceptional Care Program	3,227,076
Other donations	179,306
	<u>6,734,344</u>
Investment Income	938,148
Gain (loss) on sale of investments	(42,237)
Gain (Loss) on sale of donated shares	(7,655)
Increase (decrease) in unrealized gain on investments	421,852
	<u>\$ 1,310,108</u>

Expenses

Special events	\$ 162,788
Salaries and benefits	501,240
Other	224,593
	<u>\$ 888,621</u>

Excess of Revenues over Expenses before Distributions	\$ 7,155,831
Distributions to Northumberland Hills Hospital	2,097,012
Excess of Revenue Over Expenses and Distributions	<u>\$ 5,058,819</u>

The condensed financial highlights are taken from the 2024 audited financial statements dated May 15th, 2024.

The audit was performed by BDO Canada LLP

Copies of the financial statements are available upon request.

YOUR GIFTS AT WORK

It's important to us you see where your gifts are going. In the past year, **\$2,097,012** was contributed to fund medical equipment, technology, renovations, and staff education initiatives. Thank you for placing this equipment and technology in the hands of our caregivers. Your support touches, and in some cases, saves lives.

Here is a partial list of the equipment purchased and programs supported (April 1, 2023-March 31, 2024):

Wheelchairs & Accessories	\$10,826
Sleeper Chairs (3)	\$6,324
Hoyer Lift	\$4,812
Cardiac Monitor Upgrade	\$783,781
Blood Gas Analyzer (2)	\$24,657
Tonopen	\$6,890
Centrifuge	\$5,986
Vital Signs Monitors (6)	\$27,205
Automatic Cell Washer	\$15,315
Leica Microscope	\$107,130
Sonosite Portable Ultrasound Unit	\$87,193
Dual Focusgastroscope	\$28,000
Pediatric Colonoscope	\$28,000
ECG Machine	\$19,741
Nara Bassinets (4)	\$13,400
Bladderscan (4)	\$79,454
Sara Flex Active Lift	\$11,458

Programming

Mental Health	\$215,894
Education	\$153,527



Rod Ingersoll (Branch #133 President), Gavin Ivory (NHH Foundation Chair), Carrie Low (NHH Foundation Vice Chair), & Normalee Teskey (Branch #133 Ladies Auxiliary President) with donor-funded Tilt Wheelchair



Registered Nurses Kristen, Tania & Cindy with community-funded Newborn Bassinet



Members of the NHH team with community-funded Bladder Scanner

WANT TO LEARN MORE?

NHH Foundation shares news and information digitally including: donor profiles, grateful patient stories, staff features, key news, and upcoming events throughout the year. If you'd like to sign up to receive this in your email inbox, visit NHHFoundation.ca to subscribe, contact cwolf@nhh.ca or (905) 372-6811 ext. 3065 or follow us on our social media channels:



Northumberland Hills Hospital Foundation



@nhhfoundation

Privacy Statement

For more information on the protection of your personal information, please visit NHHFoundation.ca/Privacy

NHH FOUNDATION 2024-25 BOARD OF DIRECTORS

For full Board biographies, please visit NHHFoundation.ca/Board



Gavin Ivory
Chair



Carrie Low
Vice Chair



Ian MacVicar
Treasurer



Rick Miller
Governance &
Nominations Chair



David Dexter
Director at Large



Trent Gervais
Director at Large



John Racine
Planned Giving Chair



Susan Walsh
NHH President & CEO



Richard Holland
NHH Auxiliary
Representative



Therese Brennan-Hunt
Director at Large



Dr. Kate Everdell
Physician
Representative



Laura McCracken Ebbrell
Signature/3rd Party
Events Chair



Denise O'Brien
Human Resources
Chair



Michael McAllister
NHH
Representative



Brenda Heenan
NHH Staff
Representative