

NORTHUMBERLAND HILLS HOSPITAL FOUNDATION

A Message to Our Community

May 28, 2020



Despite requirements to physical distance, it's incredible to see all the ways our community has still managed to come together, to be there for each other, and to connect.

It's these connections we want to focus on in today's Community Update.

As a community, we are connected to our hospital. The pride and support our community has for NHH have been shown time and time again over the last couple of months with each act of kindness, supportive message, and in-kind and financial donation. It is demonstrated again in the stories below; in how a local business has stepped up to offer temporary housing for NHH staff and physicians; and how long-time supporting businesses, Cameco and HTM Insurance Company, have once again offered their support with Cameco granting financial relief for COVID-19 and HTM Insurance Company demonstrating their founding concept of "neighbour helping neighbour" with a financial gift.

The team at NHH, made up of more than 650 full and part-time staff and more than 150 medical practitioners, is connected to one another as collectively they work to care for our community now, and always.

Those working in patient care form connections with both their patients as well as patient family members and friends. Even with the necessary visitor restrictions that remain in place at this time, we continue to hear from patients' loved ones about the difference staff make in the lives they touch. Our Gift of Gratitude program was created in response to this – it is a way many have chosen to say 'thank you' for exceptional care during a visit to NHH – and we continue to receive contributions recognizing staff and units, with a few recent recipients highlighted below.

And of course, hospitalized patients have important connections with their families and friends outside of NHH. It's for this reason a Virtual Visiting program was piloted this spring, with over 50 participants already. We're pleased to share the story below, which details how this program is expanding thanks to generous community support, which will allow for more virtual visits to take place moving forward.

Finally, as a Foundation team, we are connected to donors and supporters, like you. Your support has helped strengthen all of these connections – has helped NHH to prepare and respond to COVID-19, has helped the

team to continue to offer exceptional care to our community, has helped recognize the staff who make a difference every day, and has helped ensure these connections can continue within the new reality we are living. Together, we continue to MAKE CARE BETTER and ensure our community continues to have access to exceptional care.

We know we are stronger together and it is our connections to each other that will help get us through this time of uncertainty. We look forward to being able to connect with you and our community in person in the future and are grateful as we acknowledge how these connections have stayed strong through these times.

We are honoured to stand with you.

Keep well,



Rhonda Cunningham
Executive Director, NHH Foundation



Jeff Gilmer
Board Chair, NHH Foundation

A Special Edition Virtual PACE Talk



The poster features a dark blue background with a faint image of a crowd. On the right side, there are two photographs: the top one shows a woman with short, wavy brown hair, and the bottom one shows a man in a white lab coat with a stethoscope around his neck, sitting at a desk. The text on the poster is as follows:

Virtual
PACE *Speakers*
The Impact of the Pandemic on
the Body and Mind
with Dr. Jackie Gardner-Nix and Dr. Mukesh Bhargava
June 17, 2020 - 5:30p.m.
Hosted virtually on Zoom - Register at PACETalks.com

A special edition of the Northumberland PACE speakers' series will be offered next month with a virtual event exploring The Impact of the Pandemic on the Body and Mind. The first virtual PACE conversation will take place through Zoom on Wednesday, June 17 at 5:30 PM with guest speakers Dr. Mukesh Bhargava and Dr. Jackie Gardner-Nix.

Together, Dr. Bhargava and Dr. Gardner-Nix will look at the ways the COVID-19 pandemic is impacting the bodies and minds of so many around the world. This special event will start a conversation about how COVID-19 has changed and impacted the mindsets of so many and will delve into the science and facts behind the virus and the pandemic it has caused.

[Register Here \(Space is limited to the first 300 attendees\)](#)

Gifts of Gratitude



Please join us in recognizing some of our most recent Gift of Gratitude honourees! All three of these recipients were honoured for the compassionate care they provide, and all have now received their first Bronze Gift of Gratitude honour pin. Congratulations to Dr. Mark Essak, Jennifer Bevan, and Ashton McKinnon! Thank you for all that you have done and continue to do to MAKE CARE BETTER!

[Learn More about the Gift of Gratitude Program](#)

Virtual Visiting Expanding at NHH Thanks to Community Support

With COVID-19 restrictions in place, many have had to find creative ways to connect with each other, and to mark important birthdays, anniversaries, new births, and other significant milestones. This is true not only across the community, but within the inpatient units at NHH where a Virtual Visiting program has been successfully trialed with over 50 participants and, this week, expanded to help patients and their families connect with their loved ones while adhering to the necessary visitor restrictions that remain in place at hospitals throughout Ontario.



NHH's Virtual Visiting program uses iPads and the Microsoft Teams platform to support non-clinical, social video calls between patients and their family and friends. Thanks to the generosity of local donors, what started as an ad hoc effort is now able to expand with the donation of additional, dedicated iPads to allow for more of these virtual visits to take place.

[Read the Full Story](#)

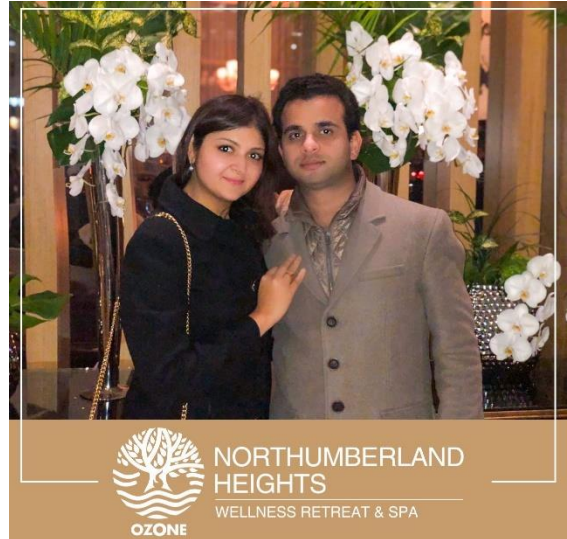
[Find Answers to FAQs & Testimonials about Virtual Visiting](#)

Local Business Steps Up to Offer Accommodations to NHH

Northumberland Heights Wellness Retreat and Spa has generously stepped up to support NHH during the COVID-19 pandemic by offering to temporarily house staff and physicians at no cost. NHH has been coordinating with this local business to provide staff and physicians with ready access to alternative housing arrangements during the pandemic should they require them.

Thank you to Heena & Karan Sehgal, Co-Founders of Northumberland Heights Wellness Retreat and Spa for this generous offer!

[Read the Full Story](#)



Thank You to Local Businesses

We want to send a huge thank you to both Cameco and HTM Insurance Company for their recent support. Both companies have been long-time supporters of NHH Foundation and incredible community partners!

Cameco

We were chosen as one of 35 community organizations to receive support through the [Cameco](#) COVID-19 Relief Fund. Thank you, Cameco, for your ongoing support! More information on this fund and the full list of recipients can be [found here](#).

HTM Insurance Company

[HTM Insurance Company](#) has been an incredible and caring neighbour to NHH for 2 decades! We are honoured to once again be the beneficiary of their support with a recent generous gift and want to say thank you, HTM, for helping MAKE CARE BETTER!

NHH Foundation Staff

If you're looking to reach any of the Foundation staff, you can connect with us at the following:

- **Rhonda Cunningham**, Executive Director – rcunningham@nhh.ca (905) 377-7767
- **Wendy Bridgman**, Executive Assistant – wbridgman@nhh.ca (905) 372-6811 x. 3066
- **Adrienne Burns**, Leadership Gifts Officer – aburns@nhh.ca (905) 372-6811 x. 3068
- **Natasha Jacobs**, Special Events Officer – njacobs@nhh.ca (905) 372-6811 x. 3065
- **Jen Gilmer**, Communications Specialist – jgilmer@nhh.ca (905) 372-6811 x. 3075

Stay Connected with Us

At times like this, we are so thankful for the technology that allows us to stay connected to you. Advances in technology allow us to connect even from afar, to stay informed, and to check in on one another. We hope you are all staying safe and healthy, and would encourage you to further connect with us if you have not already done so.

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Stay informed with the latest news from NHH and get answers to FAQs

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