

BETTER CARE FOR OUR COMMUNITY.

NORTHUMBERLAND HILLS
HOSPITAL FOUNDATION
NEWSLETTER

November 2020



Karen, Nurse Practitioner

This month, we at the Foundation have a lot of “thank yous” to deliver – a message that seems fitting for the autumn season, when reflecting and giving thanks are common themes.

There are a lot of things I am grateful for right now: the recent warm weather, the volunteers we work with who consistently demonstrate their passion for our mission, and of course, you.

Thank you for your support and generosity – thank you for making healthcare in our community a priority.

In this month’s e-newsletter, we share only some of the many updates and stories of incredible donors, community groups, and businesses who have stepped up to support NHH. I hope you’ll continue to read on below for these as well as exciting information about upcoming Foundation events and initiatives, and the latest news from NHH.

Take care,



Rhonda Cunningham
Executive Director, NHH Foundation

Light Up a Life Launches Across Northumberland County

This week marks the kickoff to celebrate the 27th anniversary of the **Light Up a Life** fundraising campaign in support of NHH Foundation. Since this campaign’s inception, more than \$2.9 million has been raised and we are thrilled to have Dr. Mukesh Bhargava, NHH’s Chief of Staff, joining us as this year’s Campaign Chair.



If you live in Northumberland County, you can soon expect to receive a hard copy of an appeal asking you to join Dr. Bhargava in supporting this year's **Light Up a Life** campaign.

[Click Here to Find More Info & To Read Dr. Bhargava's Letter](#)

[Make a Donation to Light Up a Life](#)

Family Christmas at Spry Christmas Tree Farm Returns

Family Christmas at the Spry Family Christmas Tree Farm will be returning for 2020 in support of our Light Up a Life Campaign. With new precautions in place to protect the health of those in attendance, this year's outdoor event will look a little different from past, but the important cause at the heart of it all remains the same with all proceeds raised donated to Light Up a Life. On Saturday, December 5, local community members will be able to purchase their Christmas tree at the Spry Family Christmas Tree Farm from 10:00a.m.-4:00p.m. for \$70.



[More Information](#)

Tickets for "Love Your Home" Raffle Still Available

Tickets for the "Love Your Home" Raffle, exclusively sponsored by Home Hardware Building Centres in Cobourg, Port Hope, and Newcastle are on sale until November 28! Proceeds from this raffle will be directed towards our CARING. Close to Home Gala and one lucky winner will win a \$5,000 gift card to Home Hardware.

Tickets are priced at \$50 each or 3 for \$125!

[Get Your Raffle Tickets](#)

Innovation Abounds in Response to Pandemic

Community Donations Support Investment in Innovative Technology

Our community has truly stepped up to support NHH's response to the COVID-19 pandemic in a variety of ways. Financial support has allowed for investments to be made in innovative technologies such as Cleanslate – a medium-sized piece of equipment that uses UV light to quickly sanitize small items, such as cell phones, tablets, id badges, glasses, keys and stethoscopes. In just 20 seconds, this machine will help ensure non-porous every day items can be quickly disinfected and will



help minimize the spread of infectious agents as well as allowing for disinfection before staff go home. This equipment is now onsite at NHH and was demonstrated to staff late last week!

An Innovative Teen with a Desire to Help

At just 17 years old, the philanthropic, innovative spirit, and the desire to help others that Niha Sohail shows is inspiring. With aspirations to pursue a career in medicine, specifically to become a doctor, her goal is to eventually become a part of the frontline healthcare workers who are working hard to care for our communities now and always. Early after the COVID-19 pandemic was announced, Niha knew she wanted to help.

Niha quickly began creating personal protective equipment (PPE) from a prototype provided to her by a friend (Dr. Shazia Ambreen), Niha specifically creating and donating disposable hoods to hospitals near where she lives in the GTA – but she wanted to extend her generosity even further. Dr. Shazia Ambreen introduced her to Dr. El-Zabet, an Anesthesiologist at NHH, who helped her coordinate a donation of these hoods to NHH, which are now being used in our Surgical Services Department.



Thank you, Niha, for helping to protect the NHH team and so many other frontline healthcare workers

Cobourg Professional Firefighter Association Donates to Foundation Auction

The strength of the relationship between first responders and our local hospital has been on full display throughout 2020 and now, as Cobourg Professional Firefighter Association Local 1732 steps up with a big donation to raise funds for NHH, it's burning even brighter. The Cobourg Professional Firefighter Association has generously donated a Traeger Texas Elite 34 to NHH Foundation to advance fundraising efforts in support of priority medical equipment and technology at NHH.

This smoker, valued at over \$1000, is the first item to be announced as part of our **upcoming online auction, which will officially launch during CARING. Close to Home on November 28.**

[Read the Full Story](#)

Thank You, Golf Ontario

Every year, Golf Ontario conducts multiple amateur championships in the province of Ontario. This year, during their registration process, they offered golfers the opportunity to donate to Frontline Workers and matched these donations, dividing all funds generated through this process equally to give back to a local hospital in each of their championship communities.

From August 4-7, 2020, they hosted the Women's Amateur and Mid-Amateur Championships at the beautiful Dalewood Golf Club. Dalewood was an amazing host of this championship, and on behalf of Dalewood Golf Club, and their participating golfers, Golf Ontario made a donation in the amount of \$500 to the NHH Foundation.



Thank you, Golf Ontario, for helping to MAKE CARE BETTER!

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