



Members of the NHH team pictured alongside community partners, representing the people who help make exceptional care possible every day

COMMUNITY LIVES HERE

NHH FOUNDATION NEWSLETTER

July 2026



**Northumberland Hills
Hospital Foundation**
Better Care for Our Community

PROUDLY
SUPPORTING



NHH
Northumberland
Hills Hospital

A MESSAGE FROM BOARD CHAIR, CARRIE MCARTHUR LOW

I am filled with gratitude and pride for all that our community has accomplished together over the past year. In my first year serving as Chair, I had the opportunity to witness firsthand the extraordinary generosity and commitment our community shows in support of our hospital. While I have always known that our hospital benefits from strong community support, this year gave me a deeper appreciation for both the extent of that support and the profound impact it has on the delivery of care.

Whether attending events, making donations, volunteering time, or championing our mission, our community showed up in remarkable ways, helping to raise an incredible \$7.5 million.



This was our most successful year to date, and every contribution helped strengthen our hospital and ensure patients have access to modern healthcare close to home.

We also celebrated the completion of major projects supported by our Exceptional Community, Exceptional Care campaign, including the opening of our new MRI and Nuclear Medicine SPECT CT. These transformative investments will enhance access to advanced diagnostic care in our community for countless patients in the years to come.

While we celebrate these achievements, we also look ahead with excitement and determination. With continued population growth and changing healthcare demands, the support of our community will be more important than ever. On behalf of the NHH Foundation Board of Directors, thank you for your help in making a lasting difference in our community.

GIFT OF GRATITUDE Honouring Difference Makers at NHH

Every day, the compassionate care of physicians, nurses, staff, care teams, and volunteers makes a difference in the lives of patients and families at NHH. Our Gift of Gratitude program was created as a meaningful way to say thank you to these individuals by making a donation in their honour.

At the NHH Annual Meeting in June, NHH's Board of Directors chose to honour Outgoing Director, Don Morrison, with one such gift in recognition of his steadfast support of our hospital.

Don's contributions to our hospital began long before his most recent term on the Board. Don served as Chair of NHH's Board of Directors during the building of the



THANK YOU, IAN

Ian MacVicar joined our Board in June 2020, arriving as the Foundation prepared for the largest fundraising campaign in our history. Ian brought his strong financial background and expertise to our organization, serving in the role of Treasurer and leading our Finance Committee with rigour to ensure strong financial systems and reporting structures were followed. Thank you, Ian, for the confidence, dependability, and deep commitment you demonstrated during your time on our Board.



THANK YOU, DR. KATE EVERDELL

Dr. Kate Everdell joined the Foundation Board in 2019 as our Physician Representative and consistently offered thoughtful advice, sound judgment, and valuable perspective. Dr. Everdell stepped down from our Board in September 2025 to create space for Dr. Alison Tilley to become involved. Dr. Everdell's dedication to her community is evident through her many years of volunteer leadership and service, and we feel lucky to have benefited from her intelligence and expertise during her time on our Board.



WELCOME, DR. ALISON TILLEY

Dr. Alison Tilley joined our Board as the Physician Representative in September 2025. A general surgeon, Dr. Tilley has been practicing full-time at NHH since 2016 and recognizes the important role community donations play at our hospital. Part of what drew her initially to NHH was the modern equipment and technology available, and she is excited to dedicate her time and perspective to the Foundation to help ensure patients continue to have access to cutting-edge medical care in our community.

hospital, devoting an incredible amount of time, energy, and steady leadership to ensure the project was completed on time and on budget. His commitment did not end with the Board. He and his wife, Fran, have been long-standing donors to NHH Foundation, and have demonstrated extraordinary generosity, supporting every campaign we have undertaken.

THANK YOU, DON

To learn more about our Gift of Gratitude program, visit:
NHHFoundation.ca/gifts-of-gratitude



Don with Outgoing NHH Board Chair, Cyndi Gilmer

HEATHER'S STORY

Warm sleepy baby snuggles on the couch. The taste of long-forgotten cold coffee. Sticky fingers reaching eagerly towards a new sibling, and whispered reminders to use 'gentle hands' mingling with giggles and grunts. These are the beautifully ordinary moments that define life as a new family of four.

They're also the moments that remind Heather Fraser just how much having a hospital close to home matters; something many of us take for granted until we need it most.

For Heather and her husband, Sean Teather, the birth of their second child, a son named Callan, brought that reality into sharp focus.

Complications during Callan's delivery led to Heather being admitted to the Intensive Care Unit (ICU), where she spent the first three days of her son's life intubated and unable to hold him. She then spent an additional three weeks on the Medical/Surgical unit as her body slowly recovered and regained its strength.

"It was a period filled with fear, uncertainty, pain, and emotional exhaustion," shares Heather. "There were moments I truly didn't know how I would get through, but I was never alone. The team at NHH helped me survive one of the hardest chapters of my life."

For nearly a month, Heather was cared for at NHH, where the team supported her as she worked to recover: to gain the strength to sit up, to walk again, and eventually to be able to go home.

The teams on every unit were incredible," remembers Heather. "They treated me with dignity, showed up with empathy, encouragement, gentle humour, and cared not only for my physical health, but for my emotional well-being too. I will never forget how safe



Callan, Heather, Hazel, and Sean

they made me feel when everything felt out of control. They helped me heal when my body and mind were completely drained.”

The care team wrapped its arms around not only Heather, but her family. They ensured Callan and Sean were looked after, they helped facilitate early skin-to-skin contact between mom and baby, they answered late night check-in calls from her parents, and so much more. Having the hospital in their community meant Heather’s loved ones could easily drop-in, could sit by her bedside, and when Heather was strong enough so as not to scare her, could bring her daughter, Hazel in to visit.



“I honestly don’t have the words to fully express how grateful I am to the team at NHH,” shares Heather. “This hospital is not just a building; it is a place filled with people who truly care.”

With the support of her care team, Heather was able to return home and experience those beautiful everyday moments: busy days, tiny giggles, cold coffee, crowded couches, and more.

COMMUNITY LIVES HERE.

A strong hospital is the cornerstone of a strong community, but it does not stand alone. This is demonstrated in our new marketing campaign, *Community Lives Here*, centred around the themes of connection and generosity.

Funding for medical equipment and technology at hospitals in Ontario relies on fundraising. Our community’s impact can be seen, felt, and heard inside our hospital in the donor-funded medical equipment and technology that is essential to delivering modern healthcare.

Community donations work alongside our care teams to help provide patients — people like Heather — with what they need, not if, but when they need it.



To watch our Community Lives Here video, scan below, or visit NHHFoundation.ca



YOUR SUPPORT HELPS ENSURE IT STAYS HERE.

NORTHUMBERLAND HILLS HOSPITAL FOUNDATION
FINANCIAL REPORT - APRIL 1, 2025 - MARCH 31, 2026
SUMMARY STATEMENT OF FINANCIAL POSTION

Assets

Cash and receivables	\$ 128,703
Investments	20,834,076
	<u>\$ 20,962,779</u>

Liabilities and Net Assets**Liabilities**

Accounts payable and accrued liabilities	\$ 80,374
Deferred revenue	27,500
Accounts payable - NHH funding commitments	3,278,402
	<u>\$ 3,386,276</u>

Net Assets

Restricted	9,623,039
Internally Restricted	1,826,450
Unrestricted	6,127,014
	<u>17,576,503</u>
	<u>\$ 20,962,779</u>

SUMMARY STATEMENT OF REVENUES AND EXPENSES

Revenue

Caring for Generations Society/Business Partners Program	\$ 172,754
Special events & lottery	1,046,271
Endowment donations/bequests	827,146
In memoriam donations/commemorative giving	111,924
Exceptional Community, Exceptional Care Program	2,972,565
Other donations	2,377,505
	<u>7,508,165</u>
Investment Income	1,520,339
Gain (loss) on sale of investments	(31,991)
Gain (Loss) on sale of donated shares	(2,603)
Increase (decrease) in unrealized gain on investments	(451,521)
	<u>\$ 1,034,224</u>

Expenses

Special events	\$ 93,514
Salaries and benefits	578,845
Other	269,372
	<u>\$ 941,731</u>

Excess of Revenues over Expenses before Distributions	\$ 7,600,658
Distributions to Northumberland Hills Hospital	12,387,387
Excess of Revenue Over Expenses and Distributions	\$ (4,786,729)

The condensed financial highlights are taken from the 2026 audited financial statements dated March 31st, 2026.

The audit was performed by MNP LLP

Copies of the financial statements are available upon request.

YOUR GIFTS AT WORK

It's important to us you see where your donations are going. In the past year, **\$12,387,387** was contributed to fund medical equipment, technology, renovations, and staff education initiatives. Thank you for placing this equipment and technology in the hands of our caregivers. Your support touches, and in some cases, saves lives.

Here is a partial list of the equipment purchased and programs supported (April 1, 2025-March 31, 2026):

Diagnostic Imaging Investments	\$5,103,217
• MRI Replacement • Nuclear Medicine SPECT CT • Construction & Renovations	
Creation of 4 th Operating Room (OR)	\$4,252,485
Pharmacy Renovations	\$944,081
Medical Device Reprocessing Department (MDRD) Renovations	\$1,226,644
Anaesthetic Machines	\$245,068
Hematology Primary & Backup Analyzer	\$137,653
ICU Beds	\$114,000
Echocardiology Table	\$9,841
Ventilators	\$105,078
Programming	
Internal Grants for Minor Equipment	\$41,817
Education	\$56,136



Members of MRI team with new MRI, from left: Ken, Manager of Diagnostic Imaging; Taylor, MRT(MR); Pam, MRI Charge Technologist; Tim, MRT(MR); Taylor, MRT (MR)



Marta, Echo Sonographer, with new Echocardiology Table



Andrew, MRT(N), and Alison, MRT(N) with new Nuclear Medicine SPECT CT

NHH ANNUAL REPORT

NHH's 2025-26 Annual Report provides a community-focused summary of the hospital's operational and financial performance over the past fiscal year. Scan the QR code to flip through a digital copy or contact NHH's Public Affairs office at 905-377-7757 to request a printed copy.



A SEASON OF THIRD PARTY FUNDRAISERS

Spring was a busy season of community generosity, with three third party fundraisers taking place in support of our hospital.



A Reason to Smile

NHH Foundation was the recipient of funds raised through the Smile Cookie campaign at Tim Hortons locations in Port Hope, Cobourg, and Colborne. Thank you to the owners who chose to support NHH's Emergency Department, the restaurant staff, more than 250 volunteers, and everyone who purchased a Smile Cookie. Together, an incredible \$88,076.68 was raised.

Circa 1818 Teed Up Support

Circa 1818's third annual golf tournament in support of NHH Foundation welcomed 124 golfers to the course and raised \$11,818.18

(right) Brandon and Emily Hartmann, owners of Circa 1818, at the golf fundraiser



Garden Party Generosity

A garden party fundraiser hosted by Dianne and Frank Steblaj on their beautiful Port Hope property raised an astounding \$52,000 to purchase a new colposcope that will directly enhance patient care.

(left) Frank and Dianne Steblaj

Have an idea for a third party fundraiser? Contact Courtney Ker at cker@nhh.ca or 905-372-6811 ext. 3068

WANT TO LEARN MORE?

NHH Foundation shares news and information digitally including: donor profiles, grateful patient stories, staff features, key news, and upcoming events throughout the year. If you'd like to sign up to receive this in your email inbox, visit NHHFoundation.ca to subscribe, contact jgilmer@nhh.ca or (905) 372-6811 ext. 3075 or follow us on our social media channels:



Northumberland Hills Hospital Foundation



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